



INSTITUTE OF MEDICAL & SURGICAL AESTHETICS & TRICHOLOGY

BASIC AND ADVANCED AESTHETICS

- Fellowship in Facial Aesthetics
- Fellowship in Advanced Facial Aesthetics



Director's Message



Welcome to IMSAT!

Aesthetics is a discipline that is in exponential growth, with more number of people becoming aware of the procedures, leading to an unprecedented number of clients opting for various treatment procedures. The rampant increase in the awareness and the people seeking treatment has led to the consequential increase in the need of trained professionals.

IMSAT with its motto "Sculpting Aesthetic skills" is an aspiring world class institute that aims to promote aesthetic medicine at the global platform.

We do not believe perfection to be arbitrary and it needs constant effort and dedication by the individual to attain it. The curriculum, faculty and the structured modules are ever evolving at IMSAT to maintain the standards of a world class institute.

We welcome you to join our ranks of distinguished peers and explore the boundless expanse of aesthetic medicine.

Dr. Rubin S John
Founder & Director, IMSAT



Fellowship in Facial Aesthetics

Aging is an irreversible phenomenon, and the demand for facial aesthetic procedures in our country have reached unprecedented high in the past few years. It is appropriate time for the aspirants to venture into this never saturated field. The comprehensive module is well structured and include topics never covered in a routine aesthetic module.

SCULPTING AESTHETIC SKILLS

BASIC AESTHETICS

Skin

- Layers of Skin
- Target areas for various procedures

Aging and Anti-aging

- UV Protection
 - Sunscreen
 - Food and Nutrition
 - Gene Programming
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Lasers And Light based devices

Fractional CO2 Laser

- Fractional CO2 laser demonstration for various Indications (Hands on)
- Role of fractional CO2 in active acne

Diode Laser

- Demonstration on how to decide the energy settings for different individuals
- Hands on

Q switch, Nd Yag laser

- Demonstration and Hands on

Intense Pulse Light (IPL)

- Difference between IPL and Laser
- Indications of IPL
- Demonstration and Hands on

Microneedling, Dermabrasion, Hydrafacial

- Lecture, Demonstration and Hands on

Micro Needling Radio Frequency (MNRF)

- We are the pioneer institute to provide a full lecture and hands on in MNRF



Chemical Peels

- Lecture and Hands on with all basic and advanced peels, the brands and trends
- Obagi blue peel enzyme peel (Micropeels)- Hands on
- Lecture on Complications and how to avoid the same

Glutathione therapy

- Skin whitening and various applications
- The various brands
- Various routes of administration (IV route) and dosages
- Live demonstration on administration

Melatonin as antioxidant

Acne

- Acne- types
 - Non surgical and surgical modalities according to the acne type
 - Medical management on ensuing complications
 - Laser therapy in Acne (AviClear)
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Face sculpting

A day exclusively dedicated to face sculpting. All the clients who walk in have signs of aging. How to identify them accurately and formulate an accurate treatment plan is a challenge, which is simplified here.

High Intensity Focussed Ultrasound (HIFU)

- Demonstration and Hands on

Deoxycholate Lipo injections

- Demonstration and Hands on models

Double chin management

- Layers of submental region
- Various treatment modalities
- Demonstration and hands on with lipo injections

Mesotherapy

- Various meso products
- Indications in various conditions
- Skin and Acoustic wave treatment
- Formulating a treatment plan
- Overview of 10 patients
- Hands on with mesotherapy injection

Cryo sculpt/ EM sculpt

- Demonstration and Hands on

Cellulite reduction

- Topical and latest devices

When to consider platysmoplasty and liposuction?

(A brief overview on surgical double chin correction)

A full day workshop on Permanent Make Up(PMU)

First institute to include PMU in a routine aesthetic course

- Case selection
- Theory of colours
- Micropigmentation (Scalp, Beard, Lip and moustache)
- Ombre, Powdered
- Microblading
- Microblading technique (3D, 6D with hands on mannequin)
- Permanent eyeliner
- Beauty spot, mole creation
- Management of complications



Facial scars

- Management- Punch excision, Punch elevation, Punch grafting
- Hands on in skin models
- Live patient demonstration

Traumatic scar management

- Surgical steps
- Role of steroids
- Types of acne scar and management
- Role of fractional CO2 in active acne

Botox

- **Botox, fillers and threadlift are the backbone of successful aesthetic practice. We at IMSAT ensure maximum training on these topics.**
 - **A comprehensive hands on training is given on skin sheets and silicone models before working on the actual indications of the patients.**
 - What is Botox?
 - Dilution and measurement
 - Basic indications of Botox- Demonstration and Hands on
 - Advanced indications of Botox- Demonstration
 1. Smile lift
 2. Gummy smile
 3. Masseteric hypertrophy
 4. Nasal ptosis
 5. Hyperhidrosis
 6. Facial palsy
 7. Asymmetric smile correction
 - Case discussion of complications and how to correct (5 cases of common complications and how to avoid and how we corrected the same)
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Fillers

Pioneer institute to Provide Hands on training in Basic & Advanced indications of fillers including lip filler, liquid rhinoplasty & genioplasty.

- The art and science of filler procedures for a more attractive face
- Types of fillers - Characteristics of Hyaluronic acid fillers, Calcium fillers, Polycaprolactone filler, Filler selection
- Anatomical considerations for filler procedures- Vessels and Nerves, Fat compartments, Identification of SubSMAS space for filler injection, SSRT (Skin and SMAS layer remodelling technique)
- Basic technique for filler procedure
- Anesthesia-Nerve Block
- Selection of Cannula or Needle
- Basic techniques by Region
- Filler molding and Filler degradation test
- Filler procedures based on the facial area- Upper face, Midface, and Lower face
- Type and treatment of complication- Bruising and hematoma, edema, neovascularization and erythema, Post-inflammatory Hyperpigmentation, Nodule and Granuloma, Infection
- Hyaluronidase usage- Hyaluronic acid turnover, Use of hyaluronidase
- Retrobulbal injection technique



Platelet Rich Plasma (PRP)

- *There are a variety of applications of PRP, which are unknown and not discussed.*
 - *There are also various generations of PRP, its preparation time and applications, which is covered in an extensive lecture series*
- **PRP- Various types and preparation**
 - **iPRF- For face**
 - **Face Lift with iPRF and Mesotherapy- Innovative new concepts and research**
 - **ePRF- The latest autologous filler**
 - **LPRF- Preparation and Application**
 - **Sticky bone- Preparation and Application**
 - **PRP (Face, Hair)- Demonstration and Hands on**
 - **Plasma eye therapy- An Innovative technique which addresses the under eye region with a new administration technique**



Nano Fat Fillers

- **Nano fat fillers is fast becoming an autologous material of choice for facial rejuvenation and augmentation.**
- **IMSAT takes pride in being the only institute to train in harvesting preparation and administration of the nano fat fillers.**



Fellowship in Advanced Facial Aesthetics

BASIC AESTHETICS + TRICHOLOGY AND THREADLIFT

The advanced course is for select professionals, in which the topic of trichology, hair transplant, and threads are covered in addition to the basic module.

Trichology

- Hair cycle
 - Hair products- The latest products, what to prescribe for each condition?
 - Various causes of Alopecia, clinical features and management
 - Non surgical management of alopecia
 - Low level laser therapy of scalp, photobiomodulation
 - Hair transplant- Instrumentation, Techniques, Grafting Simulation in models. (Hands on)
 - Scalp hair advancement - A surgical alternative for receded hairline -procedure and indications
 - Complications and how to manage
 - Setting up a hair transplant clinic
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Thread Lift

Hands on training in mono & cog threads, PDO, PLLA threads, Full face Lift, Nose & eyebrow lift.

- Definition of Terms- Fixing point, Direction and Hanging point
 - Anatomy for absorbable thread lifting
 - Avoiding vessel damages in thread lifting
 - Avoiding nerve injury in thread lifting
 - Thread placement by understanding the pinch anatomy
 - Evolution of absorbable thread lifting
 - Understanding PDO
 - Understanding of PLLA
 - Type of Absorbable thread products- QT Lift (= VOV Lift, = BLUE ROSE® FORTE), Silhouette Soft®, N-Cog Lift
 - Design and Patient selection- Finding the vector (simulation), Marking reference lines, Indicating dangerous areas
 - Cutting and Finishing
 - Technique using a Mono-threads
 - Technique using cog threads- Unidirectional cog thread, spike, Zigzag method, Bidirectional cog)
 - Temporal anchoring technique
 - Insertion method of bi-directional needle thread (Silhouette Soft®)
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- Various techniques- Straight technique, angle technique, U technique, Post-Mandibular Anchoring (PMA) technique, various combinations using two threads and eyebrow lifting
- Forehead (eyebrows)- Simple fixing method, X-Cross method and anchoring method
- Wrinkles around the eyes- Tying method or simple cog insertion method and X-Cross method, Cautions
- V-Line (Lower Face)- Fascia anchoring method, tying method and X-Cross method
- Nasolabial folds- Anchoring method, method of fixing with bi-directional cogs
- Marionette line- Angle technique, L shape technique (Kim's technique), anchoring technique: Pulling method behind the jawline, Tornado (Twister thread) supplementary method
- Jaw line (Double chins)
- Neck wrinkles
- Method of evaluating the effect of thread lifting
- Evaluation of the outcomes using Morpheus® system
- Complications and Management



Support to our Alumni

Our unwavering support for our alumni...
Our exceptional training for our select group of students has led to collaborations with major aesthetic branches across the country, including prominent names such as Advance Hair & Skin Glow, among others. IMSAT is proud to have the highest recruitment rate to major aesthetic chains in the nation. We offer an impeccable support network exclusively for our students by providing tailored treatment plans for their private clients within an hour, ensuring their practice remains uninterrupted.



About IMSAT

Institute of Medical & Surgical Aesthetics & Trichology(IMSAT), a registered private limited institute with national & International accreditation, aspires to be the global choice for professionals dedicated to excel in the field of medical & Surgical aesthetics & Hair transplant.

The courses have been orchestrated and designed by expert consultations keeping in mind the current requisitions in the ever changing field of aesthetics. The speakers spread across the country are the pioneers in the field and their experience paralleled by few ensuring the candidates are trained at par with global standards.

The institute accredited by the American Council of Training & Development, U.S.A, maintains highest standards of ethical practice and is becoming world renowned for its excellence in teaching, clinical training provided by its wide array of courses.

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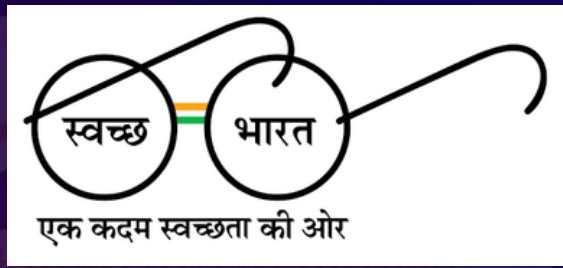


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Accreditations



Partners

